

CICERO BOY SCOUT AQUATICS

FIRST AND SECOND CLASS AQUATICS INSTRUCTION AND TESTING

DESCRIPTION:

This program is intended to provide an opportunity for Scouts to complete the Second and First Class rank requirements. It is intended for Scouts who can either 1) pass or 2) pass with minimum instruction the appropriate swim test (Beginner or Swimmer). A Scout who can pass the Beginner test (needed for Second Class) or the Swimmer test (needed for First Class) can easily complete the remaining aquatics requirements for the respective rank at a single session at a pool.

A Scout whose swimming ability is insufficient to pass either the Beginner or Swimmer test with minimum instruction (one or two sessions) will normally need to take swimming lessons to complete the respective rank requirements. Therefore, Scouts who will require significant swimming instruction to pass the Swimmer test should instead take Instructional Swimming in the spring program. In the spring Instructional Swimming, the Scout works primarily toward making Swimmer with the additional Second and First Class rank requirements included.

Note: The Second Class and First Class rank requirements in aquatics must be completed to advance to Second Class and First Class respectively. **These requirements must also be completed *before* taking either Swimming or Lifesaving merit badge.** Since most of these requirements must be done at a pool or lake, Scouts and leaders need to plan in advance.

We can instruct and test Scouts in these requirements in both our spring and fall programs. Troops will need to arrange this in advance with Don Augustine. The cost for each session is \$3 per Scout, which must be collected by the troop, to defer the cost of the pool rental. (Please make checks payable to Cicero Boy Scout Aquatics.) ***Our aquatics staff will not accept money from Scouts at the pool since it takes time away from giving instruction to the Scouts;*** this is the responsibility of the Troop. Boy Scout Health and Safety Guidelines require all Scouts to be accompanied by an adult leader from their Troop.

The instruction and testing offered is as follows :

Second Class:

1. Beginner (red tag) Test (7b)
2. Reaching and Throwing Rescues (7c)

First Class:

1. Swimmer (blue tag) Test (9b)
2. Line Rescue (9c)

The Second Class requirement Safe Swim Defense (7a) and First Class requirement Safety Afloat (9a) can be done at the troop meeting; a pool is not needed.

TROOP LEADERSHIP RESPONSIBILITY:

Scouting regulations require a minimum of two adult Scout leaders for all Scout activities. **All Scouts participating must have an adult leader from their troop present at all times.** Parents who drop off Scouts must stay with them until a leader from their troop arrives. Troop leaders must stay with their Scouts until they are picked up. We cannot leave Scouts with the Village of East Syracuse staff to supervise.

It is the responsibility of the troop leader to advise us of any medical conditions that might affect aquatics activities of any of their Scouts (e.g.: asthma, diabetes, seizures, etc.).

Parents and troop leaders are asked to help out in supervising the locker room and shower.

GENERAL RULES:

1. The first rule is the Scout Oath and the Scout Law. This should be followed at all times.
2. The second rule is to learn, have fun, and do it safely.

POOL RULES:

1. Shower before entering pool.
2. No running.
3. No pushing, shoving, or horseplay.
4. Obey all lifeguards (both YMCA and BSA).
5. Diving allowed only at deep end.
6. Jump or dive in only when clear of swimmers.
7. Pool equipment (kickboards, etc.) may be used for instruction only.
8. No abusive language.
9. The buddy system will be used for all recreational swims.

Cicero BSA Aquatics
 Second Class and First Class Aquatics Score Sheet

NAME	TROOP	SECOND CLASS			FIRST CLASS		
		7a	7b	7c	9a	9b	9c
		Safe Swim Defense *	Beginner Test	Reaching and Throwing Rescues	Safety Afloat *	Swimmer Test	Line Rescue
1.							
2.							
3.							
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25.							

* Safe Swim Defense and Safety Afloat should be done at the troop meeting.