

BSA LIFEGUARD RECERTIFICATION

Those whose BSA Lifeguard training is current or has expired within the past 12 months can be retrained by demonstrating a current knowledge of and ability to perform the skills necessary to fulfill the BSA lifeguard requirements. It is not necessary to take the full BSA Lifeguard course.

In our program, you will need to do the following to recertify:

1. Be checked out at the pool during our pool program on " 2. PREREQUISITES" and "3. AQUATICS SKILLS" on the BSA Lifeguard application. You will need to make arrangements with us ahead of time to have someone available to check you out.
2. Attend one of our BSA Lifeguard rectification classes (one class) at Cicero Methodist Church where we will review 1) first aid skills and 2) aquatics program and emergency-management skills. You will be given either an oral or written examination on these skills.
3. Have a current (within one year) CPR certificate from the American Heart Association, the American Red Cross, the National Safety Council, the American Academy of Orthopedic Surgeons, or the American Safety and Health Institute. If you do not have a current CPR certificate, we run several American Heart Association BLS for Healthcare Providers courses every year. Recertification takes one evening.