

Heartbeat – Short Row Shaping



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Size: approximately 8 ½" from neck edge to bottom and 8" wide

Materials: One skein of worsted weight cotton such as Sugar 'n Cream or Peaches & Crème if you are using the bib for meals. If, on the other hand, you want to use it as a "drool" bib, I would recommend using a superwash wool. The cotton has a tendency to absorb the moisture, whereas the superwash wool will wick the moisture and keep baby nice and dry!

Samples were done in Peaches & Crème Rose Pink and Apple Green.

Needles: US 6/4mm

2 double pointed needles for the I-cords

Gauge: 4.5 sts. per inch, not critical You want the bib to be fairly dense, so if the fabric is too loose, just drop down a needle size.

PATTERN NOTES

This pattern contains instructions for forming the bottom of the bib with short rows. If you've never done short rows before, this is a good beginning project because you don't have to wrap stitches or pick up wraps. You just work the stitches to a point and turn your work around and start knitting in the opposite direction. I've written out every row for you and I've indicated how many stitches you should have remaining at the end of each row. If you lose your count, all you have to do is check on the number of stitches

you have left on your needle and you'll be right back on track. This technique results in a nice smooth edge and you only have to know how to knit and purl. I hope you try it and like it!!

The ties are done by making I-cords. It's helpful, but not necessary, to drop down a needle size when knitting the cords. I like to run a long tail down the center of the cord to finish it off. Be sure to use a straight needle and not one with a bent tip!

Abbreviations:

k = knit

p = purl

pssso: pass slipped stitch over

k2tog.= knit 2 stitches together

p2tog.=purl 2 stitches together

sts. = stitches

dec. = decrease

dpn. = double pointed needle

Pattern: Cast on 37 stitches.

Row 1: (right side) k1, p1 for 24 sts., turn. You will have 13 stitches that are unworked.

Row 2: (wrong side) slip 1 st. knitwise, k1, p1 for 13 sts.; turn. (10 unworked stitches)

Row 3: Slip 1 st. knitwise; p1, k1 for 16 sts.; turn. (10 unworked stitches)

Row 4: Slip 1 st. knitwise; p1, k1 for 19 sts.; turn. (7 unworked stitches)

Row 5: Slip 1 st. knitwise; k1, p1 for 22 sts.; turn. (7 unworked stitches)

Row 6: Slip 1 st. knitwise; k1, p1 for 25 sts.; turn. (4 unworked stitches)

Row 7: Slip 1 st. knitwise; p1, k1 for 28 sts.; turn. (4 unworked stitches)

Row 8: Slip 1 st. knitwise; p1, k1 for 30 sts.; turn. (2 unworked stitches)

Row 9: Slip 1 st. knitwise; p1, k1 for 32 sts.; turn. (2 unworked stitches)

Row 10: Slip 1 st. knitwise; p1, k1 to end; turn.

Rows 11 - 13: k1, p1 across row.

Row 14: (wrong side) k1, p1 for 17 sts.; p3; k1, p1 for 17 sts.

Row 15: k1, p1 for 16 sts.; k5; p1, k1 for 16 sts.

Row 16: k1, p1 for 15 sts.; p7; k1, p1 for 15 sts.

Row 17: k1, p1 for 14 sts.; k4; p1; k4; p1, k1 for 14 sts.

Row 18: k1, p1 for 13 sts.; p4; k1, p1; k1; p4; k1, p1 for 13 sts.

Row 19: k1, p1 for 12 sts.; k4; p1; k3; p1; k4; p1, k1 for 12 sts.

Row 20: k1, p1 for 11 sts.; p4; k1; p5; k1; p4; k1, p1 for 11 sts.

Row 21: k1, p1 for 10 sts.; k4; p1; k7; p1; k4; p1, k1 for 10 sts.

Row 22: k1, p1 for 9 sts.; (p4, k1) x3; p4; k1, p1 for 9 sts.

Row 23: k1, p1 for 8 sts.; k4; p1; k11; p1; k4; p1, k1 for 8 sts.

Row 24: k1, p1 for 7 sts.; p4; k1; p5; k3; p5; k1; p4; k1, p1 for 7 sts.

Row 25: k1, p1 for 6 sts.; k4; p1; k15; p1; k4; p1, k1 for 6 sts.

Row 26: k1, p1 for 5 sts.; p4; k1; p6; k5; p6; k1, p4; k1, p1 for 5 sts.

Row 27: (k1, p1)x2; k4; p1; k19; p1; k4; (p1, k1)x2.

Row 28: k1, p1 for 5 sts.; p2; k1; p7; k7; p7; k1; p2; k1, p1 for 5 sts.

Row 29: (k1, p1)x2; k29; (p1, k1) x2.

Row 30: k1, p1 for 5 sts.; p2; k1; p6; k9; p6; k1; p2; k1, p1 for 5 sts.

Row 31: (k1, p1)x2; k29; (p1, k1) x2.

Row 32: k1, p1 for 5 sts.; p2; k1; p5; k11; p5; k1; p2; k1, p1 for 5 sts.

Row 33: (k1, p1)x2; k29; (p1, k1) x2.

Row 34: k1, p1 for 5 sts.; p2; k1; p4; k13; p4; k1; p2; k1, p1 for 5 sts.

Row 35: (k1, p1)x2; k29; (p1, k1) x2.

Row 36: k1, p1 for 5 sts.; p2; k1; p3; k15; p3; k1; p2; k1, p1 for 5 sts.

Row 37: (k1, p1)x2; k29; (p1, k1) x2.

Row 38: k1, p1 for 5 sts.; p2; k1; p2; k17; p2; k1; p2; k1, p1 for 5 sts.

Row 39: (k1, p1)x2; k29; (p1, k1) x2.

Row 40: k1, p1 for 5 sts.; p2; k1; p2 k17; p2; k1; p2; k1, p1 for 5 sts.

Row 41: (k1, p1)x2; k29; (p1, k1) x2.

Row 42: k1, p1 for 5 sts.; p2; k1; p3; k7; p1; k7; p3; k1; p2; k1, p1 for 5 sts.

Row 43: (k1, p1)x2; k29; (p1, k1) x2.

Row 44: k1, p1 for 5 sts.; p2; k1; p4; k5; p3; k5; p4; k1; p2; k1, p1 for 5 sts.

Row 45: (k1, p1)x2; k29; (p1, k1) x2.

Row 46: k1, p1 for 5 sts.; p2; k1; (p5, k3)x2; p5; k1; p2; k1, p1 for 5 sts.

Row 47: (k1, p1)x2; k4; p1; k19; p1; k4; (p1, k1) x2.

Row 48: k1, p1 for 5 sts.; p4; k1; p17; k1; p4; k1, p1 for 5 sts.

Row 49: (k1, p1)x3; k4; (p1, k7)x2; p1; k4; (p1,k1)x3.

Row 50: k1, p1 for 7 sts.; p4; k1; p5; k1; p1; k1; p5; k1; p4; k1, p1 for 7 sts.

Row 51: (k1, p1)x4; k4; p5; k3; p5; k4; (p1, k1)x4.

Row 52: k1, p1 for 9 sts.; p9; k1; p9; k1, p1 for 9 sts.

Row 53: (k1, p1)x5; k7; p1; k1; p1; k7; (p1, k1)x5.

Rows 54 and 55: k1, p1 for 11 sts.; p5; k1, p1 for 5 sts.; p5; k1; p1 for 11 sts.

Rows 56 – 64: k1, p1 across row.

Row 65: k1, p1 for 13 sts. Slip sts. just worked onto stitch holder, bind off the next 11 stitches knitwise; work across remaining sts. in established pattern: 13 stitches each side.

NECK AND SHOULDER SHAPING – LEFT SHOULDER

Note: As you look at the bib with right side facing, the first shoulder worked will be the **left** side. All the decreases are made on **right side** rows.

Row 66: k1, p1 across row.

Neck decreases:

Row 67: slip 1 knitwise, k1, pssso, k1, p1 across row. (12 sts.)

Row 68: k1, p1 across row.

Row 69: slip 1 knitwise, k1, pssso, p1, k1 across row. (11 sts.)

Row 70: k1, p1 across row.

Shoulder decreases:

Row 71: (right side) k1, p1 for 9 sts., p2tog. (10 sts.)

Row 72: p1, k1 across row.

Row 73: k1, p1 for 8 sts., k2tog. (9 sts.)

Row 74: k1, p1 across row.

Row 75: k1, p1 for 7 sts., p2 tog. (8 sts.)

Row 76: p1, k1 across row.

Row 77: k1, p1 for 6 sts., k2tog. (7 sts.)

Row 78: k1, p1 across row.

Row 79: k1, p1 for 5 sts., p2tog. (6 sts.)

Row 80: p1, k1 across row.

Row 81: k1, p1 for 4 sts., k2tog. (5 sts.)

Row 82: k1, p1 across row.

Row 83: slip 1 knitwise, k1, pssso, k1, k2tog. (3 sts.)

Slip these 3 sts. to a dpn and work an I-cord for approximately 12 inches. Fasten off and run end down through middle of I-cord. Don't worry if the I-cords look a little wonky. A firm tug will usually straighten them out and after the bib is washed, you won't even notice! A good tutorial for making the I-cords can be found here:

<http://www.knittinghelp.com/videos/knitting-tips>

NECK AND SHOULDER SHAPING – RIGHT SHOULDER

With wrong side facing, slip sts. from stitch holder to left needle and join yarn at neck edge.

Row 66: (wrong side) k1, p1 across row.

Neck decreases:

Row 67: k1, p1 for 11 sts., p2tog. (12 sts.)

Row 68: p1, k1 across row.

Row 69: k1, p1 for 10 sts., k2tog. (11 sts.)

Row 70: k1, p1 across row.

Shoulder decreases:

Row 71: (right side) slip 1 knitwise, k1, pssso, k1, p1 for 9 sts. (10 sts.)

Row 72: k1, p1 across row.

Row 73: slip 1 knitwise, k1, pssso, p1, k1 for 8 sts. (9 sts.)

Row 74: k1, p1 across row.

Row 75: slip 1 knitwise, k1, pssso, k1, p1 for 7 sts. (8 sts.)

Row 76: k1, p1 across row.

Row 77: slip 1 knitwise, k1, pssso, p1, k1 for 6 sts. (7 sts.)

Row 78: k1, p1 across row.

Row 79: slip 1 knitwise, k1, pssso, k1, p1 for 5 sts. (6 sts.)

Row 80: k1, p1 across row.

Row 81: slip 1 knitwise, k1, pssso, p1, k1 for 4 sts. (5 sts.)

Row 82: k1, p1 across row.

Row 83: slip 1 knitwise, k1, pssso, k1, k2tog. (3 sts.)

Slip these 3 sts. to a dpn and work an I-cord for approximately 12 inches. Fasten off and run end down through middle of I-cord, as before.

Weave in ends.