



Long Island Parcel Press

National Postal Mail
Handlers Union

Local 300 - NY L&DC Branch

MAY 2007

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HELP WANTED

Letter Carriers Food Drive

Saturday May 12, 2007

and May 14 - 16, 2007

**THE LOCATION OF THE FOOD DRIVE WILL BE
AT:**

**MT TRANSPORTATION
5 INEZ DRIVE
BAYSHORE, NY**

Directions on reverse

UNION VOLUNTEER REGISTRATION FORM - 2007 LETTER CARRIERS FOOD DRIVE

Name: _____ Phone: _____ Email: _____

LICENSED FORKLIFT? _____ LICENSED ELECTRIC POWER JACK? _____

--- Please Check Which Shifts You Can Volunteer ---

Saturday, May 12th

___ 4PM - 6PM ___ 6PM - 8PM ___ 8PM - 11PM

Monday, May 14th

___ 9AM - 11AM ___ 11AM - 1PM ___ 1PM - 3PM ___ 3PM - 5PM ___ 5PM - 7PM ___ 7PM - 9PM

Tuesday, May 15th

___ 9AM - 11AM ___ 11AM - 1PM ___ 1PM - 3PM ___ 3PM - 5PM ___ 5PM - 7PM ___ 7PM - 9PM

Wednesday, May 16th

___ 9AM - 11AM ___ 11AM - 1PM ___ 1PM - 3PM ___ 3PM - 5PM ___ 5PM - 7PM ___ 7PM - 9PM

Submit this form to: Kevin Tabarus Branch President or give to any NPMHU Shop Steward

DIRECTIONS TO FOOD DRIVE: MT TRANSPORTATION, 5 INEZ DRIVE, BAYSHORE, NY

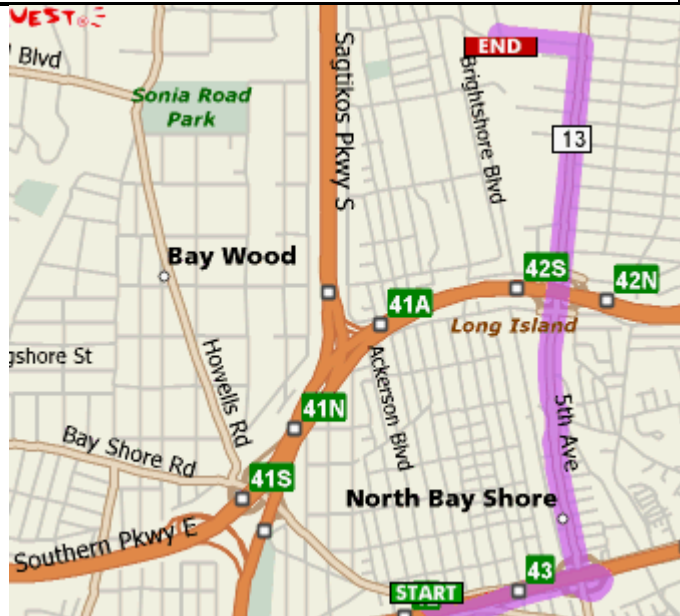
From the Southern State Parkway:

- Exit 42 N “Fifth Ave” NORTH
 - Go ONE MILE on Fifth Ave
- Turn LEFT onto SPENCE STREET
 - Go 0.3 miles to INEZ DRIVE.
- Make RIGHT onto INEZ DRIVE

From the Sunrise Highway:

- Exit “Fifth Ave” NORTH
 - Go TWO MILES on Fifth Ave
- Turn LEFT onto SPENCE STREET
 - Go 0.3 miles to INEZ DRIVE.
- Make RIGHT onto INEZ DRIVE

The building is on the corner of Spence Street and Inez Drive.

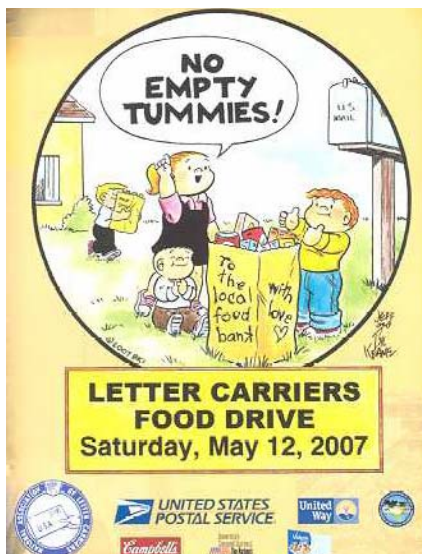


For 15 years, the National Association of Letter Carriers (NALC) has organized one of the most successful food drive efforts in the country. This is the nation’s largest food drive to combat hunger. Everyone is asked to leave food for their local Letter Carriers. On May 12, 2007 letter carriers across the country will collect non-perishable food donations as they deliver mail along their postal routes. The food will be distribute to local food banks in the area.

This year, the Long Island Federation of Labor (AFL-CIO), in partnership with the United Way of Long Island will support Branch 6000 of the NALC. At a recent Long Island Federation of Labor Delegates meeting, Branch 600 of the NALC asked for help.

Volunteers are needed to help make this event successful. Help is needed to sort and unload the donated food.

DESPERATE HELP IS NEEDED ON MAY 12th. LICENSED FORKLIFT OPERATORS AND ELECTRIC JACK OPERATORS ARE NEEDED TO UNLOAD THE DONATED FOOD.



If you can't operate a forklift or an electric jack, you can still help by unloading trailers manually or by sorting food.

The food drive is not only a one day event. After the food is unloaded, help is also needed sorting and loading food on Monday, May 14th, Tuesday May 15th, and Wednesday May 16th.

BE SURE TO WEAR LOCAL 300 UNION APPAREL TO SHOW YOUR SOLIDARITY!!!