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To: Western District YMCA Coaches

From: J.B. Smith,

RE: "B" Championships-March 3, 2007

Date: September, 2006

HERE ARE THE DETAILS:

NAME OF MEET: 4th Annual YMCA/IUP WESTERN PA "B" MEET

DATE: Saturday, MARCH 3, 2007

WARMUP BEGINS: 9:00 a.m.

MEET BEGINS: 10:30 a.m.

LOCATION: INDIANA UNIVERSITY OF PA, Memorial Field House Pool

SWIMMERS ELIGIBLE: THOSE WHO HAVE NOT MET A WEST DISTRICT YMCA INDIVIDUAL EVENT TIME STANDARD. If someone is going to districts on a relay, but he/she has NOT made a single cut in an individual event, he/she may participate in the B meet.

Entry Fees: \$3.50 per individual event, make checks payable to "IUP Aquatics."

Entry Deadline: February 26, 2007, 7:30 p.m. Please try to do so by email. Email entries and summary report to jsmith6090@aol.com. Entries are not official until an email reply comes to you with a copy of the entry list. If you can not enter via email, mail your disk or cd and a printout of your entries in MS word to J.B. Smith, 105 Quincy Circle, Indiana, PA 15701. Make sure you attach an email address and check email each day starting the 26th, because psych sheets will be emailed to each coach for both information and for making corrections (on just about a daily basis until the day of the meet).

WEBSITE: www.hhs.iup.edu/hped/swmeets for results and psych sheet.
Please check daily starting February 26 to make sure entries are correct!

Awards: Trophies 1-3, Medals 4-6, Ribbons 7-12.

ORDER OF EVENTS (Girls-Odd, Boys-Even)

1, 2	Ages 13-18 200 Freestyle	21, 22	Prep 100 Free
3, 4	Prep 200 Freestyle	23, 24	13-18 100 Back
5, 6	Cadet 100 Freestyle	25, 26	Prep 50 Back
7, 8	13-18 200 IM	27, 28	Cadet 50 Back
9, 10	Prep 200 IM	29, 30	13-18 100 Breast
11, 12	Cadet 100 IM	31, 32	Prep 50 Breast
13, 14	13-18 100 Fly	33, 34	Cadet 50 Breast
15, 16	Prep 50 Fly	35, 36	13-18 50 Free
17, 18	Cadet 50 Fly	37, 38	Prep 50 Free
19, 20	13-18 100 Free	39, 40	Cadet 50 Free

Please feel free to direct questions/inquiries to J.B. Smith at the address/phone/email listed on the top of this memo.

FINAL NOTE
TO COACHES:

Please check the web site each day starting February 26 to make sure your entries are correct. Each individual coach's assistances with this aspect is ESSENTIAL!! PLEASE help out by checking the web site 2-3-4 times per day to be sure. The time line between the closing of entries and the day of the meet is very short, so all help is appreciated!! Again, the web site to monitor is:
www.hhs.iup.edu/hped/swmeets.