

Valley Points Family YMCA Last Chance Invitational

Saturday, February 17, 2007

- WHERE:** Valley High School Pool
New Kensington, PA 15068
- WHEN:** Saturday, February 17, 2007
- FACILITIES:** 6 lane, 25 yard pool with spectator seating.
Colorado Timing System with pads at both ends will be used.
- WARM-UPS:** Times will be announced based on entries.
- **MEET WILL BEGIN AT 9:00 AM****
- AGE:** Age is as of December 1, 2006
- COACHES:** There will be **no** scratch meeting. All coaches need to report to the awards room with scratches A.S.A.P. on the day of the meet. They also may be emailed before the day of the meet. Emails must be received by 3:00 PM Friday, February 16, 2007
- NUMBER OF ENTRIES** Swimmers may swim as many events as they wish in their age group. The purpose of this Invitational is to receive the best possible times for Districts; therefore there are no restrictions on who may enter an event. We reserve the right to combine events to speed up the meet.
- ENTRY FEES:** \$3.00 per individual event and \$12.00 per team relay.
Fees must be paid with one team or YMCA check made payable to: "Valley Points Family YMCA Swim Team." **No personal checks will be accepted.**
- ENTRIES:** All entries must be submitted via email or on CD. There will be a \$25.00 fee charged for any entries not submitted via email or on CD. All meet results will be emailed back to the original sender. Deck entries will be accepted at \$7.00 per event and \$28.00 per relay based on availability. Deck entries may be emailed before the day of the meet. Emails must be received by 3:00 PM on Friday, February 16, 2007
- RELAYS:** Junior – Senior Relays may be any combination of Junior or Senior swimmers.
- MAIL ENTRIES:** Ace Christy
105 Regency Circle
Lower Burrell, PA 15068
- EMAIL:** ace_christy@comcast.net or cropcho@comcast.net
- DEADLINE:** Entries must be received no later than 12:00 PM on Monday, February 5, 2007. **NO EXCEPTIONS.** If confirmation of delivery is desired, please include a self addressed stamped postcard or your email address for an email reply.
- AWARDS:** INDIVIDUAL EVENTS: 1st thru 9th place
RELAYS: 1st thru 6th place - Heat Ribbons will be awarded to all individual heat winners. Team trophies will be awarded for 1st thru 3rd place. (Host team will not qualify). Only one designated team representative to pick up awards from each team.
- LODGING:** Clarion Inn, New Kensington (724) 335-9171
- T-SHIRTS:** Custom made shirts will be available on the day of the meet. All swimmers names will be on the back of the shirt if their team entry is in by the deadline date.
- CONCESSIONS:** A full breakfast and lunch menu will be available. Swim apparel vendor available.

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List of Events

GIRLS		BOYS
1	Jr / Sr 400 Medley Relay	2
3	Jr / Sr 200 Medley Relay	4
5	Prep 200 Medley Relay	6
7	Cadet 200 Medley Relay	8
9	Novice 100 Medley Relay	10
11	Senior Freestyle 200	12
13	Junior 200 Freestyle	14
15	Prep 200 Freestyle	16
17	Novice 25 Freestyle	18
19	Cadet 50 Freestyle	20
21	Prep 50 Freestyle	22
23	Junior 50 Freestyle	24
25	Senior 50 Freestyle	26
27	Novice 100 IM	28
29	Cadet 100 IM	30
31	Prep 200 IM	32
33	Junior 200 IM	34
35	Senior 200 IM	36
37	Novice 25 Butterfly	38
39	Cadet 50 Butterfly	40
41	Prep 50 Butterfly	42
43	Junior 100 Butterfly	44
45	Senior 100 Butterfly	46
47	Novice 50 Freestyle	48
49	Cadet 100 Freestyle	50
51	Prep 100 Freestyle	52
53	Junior 100 Freestyle	54
55	Senior 100 Freestyle	56
57	Novice 25 Backstroke	58
59	Cadet 50 Backstroke	60
61	Prep 50 Backstroke	62
63	Junior 100 Backstroke	64
65	Senior 100 Backstroke	66
67	Novice 25 Breaststroke	68
69	Cadet 50 Breaststroke	70
71	Prep 50 Breaststroke	72
73	Junior 100 Breaststroke	74
75	Senior 100 Breaststroke	76
77	Novice 100 Freestyle Relay	78
79	Cadet 200 Freestyle Relay	80
81	Prep 200 Freestyle Relay	82
83	Jr / Sr 200 Freestyle Relay	84
85	Jr / Sr 400 Freestyle Relay	86



New Kensington Stingrays Swim Team *of Valley Points Family YMCA*

Dear Coaches,

There are a few things which we wanted to highlight for our Last Chance Invitational. Please make this information available to your parents and swimmers.

1. **No food or chairs are permitted in the gym.** This is a Valley High School rule which we must follow. They are concerned about scratching or damaging the floor.
2. We will have a well stocked concession stand. If anyone brings anything with them, they are welcome to go to the concession stand area to eat.
3. Because we offer Deck Entries, it is important for us to know about any scratches as soon as possible. Scratches may be emailed before the day of the meet.
4. Even if you have no scratches, please stop in the awards room to let us know that.
5. Deck entries will be taken on a first come basis. They will be based on the availability of lanes. We will not be reseeding the event.

We hope this information will help to make the day run more smoothly. If you have any questions about the meet you can email me at zalewski56@hotmail.com. Any questions pertaining to your Entry or Deck Entries should be sent to ace_christy@comcast.net or cropcho@comcast.net.

Thank You,

Cathy Zalewski
Meet Director
Last Chance Invitational