



Veterans Park Swim Team

Home of the Marlins



June 30, 2009

Newsletter #6

Congratulations to all our swimmers on Saturday's meet. GREAT JOB SWIMMERS – Another WIN!
THANK YOU to all parents who volunteered during the meet. Remember, a meet cannot run without all of your help.

Congratulations **Amy Freeze** on breaking the team record for 9-10 Girls 25-meter Butterfly! Amy broke the 7-year record with a time of 15.93 seconds. Amy is also very close to breaking the League Record. Way to Go Amy!!
Final Score: **Vets Park 2675.0; Southbridge 1002.0**

There will be no Friday morning practice or a meet this week (Friday, July 3rd and Saturday, July 4th) due to the Holiday. We wish every family a safe and restful Fourth of July!

Fourth Meet – July 11th at Brookside:

If you will not be at the meet, please alert your coach by Wednesday prior to the meet and put it into the blue Coaches Notebook. M.I.T. parents, please check with Coach Tony the week of the meet to see if your child is entered into events.

Further information regarding this meet will be in the next newsletter.

Visit from SwimKids – SwimKids will have a meeting for interested parents during practice on **Tuesday, July 7th** at 6:45pm (rain date is July 14). The representative will discuss swimming programs that they offer to swimmers of all ages, all levels and abilities. SwimKids offers great programs that will advance your swimmer's skills and techniques in preparation for next year's summer swimming. We encourage all parents to attend, especially those with M.I.T. swimmers.

Swim-A-Lap – Wednesday, July 8 during regular practice time. Swimmers have been provided a pledge sheet in their folder and are asked to collect pledges or donations from family and friends. A Pizza Party will be held following the event for the swimmers. Families can also order additional one-topping pizzas at \$7 per pizza. Pizza orders and money are due on July 2nd. A sign-up sheet is at the shed. **We also need parent volunteers to help count the swimmers' laps that night.**

Needed: Stroke & Turn Officials – Training can be provided during swim practice and during meets. This is a great way to help out and also gets you on deck to watch the meet. No prior experience is required, though if you have swum before, it is an easy transition. Please contact Rick LeFevre if you are interested (lefevre@itilink.com or 703-629-5488). Thanks in advance to any parent s who will volunteer.

Mid-Season Top Swimmer Times – We have posted the Mid-Season Top Times for all swimmers in the League on

our website under the Announcements link. We also have a folder with this print out available at the shed during practices.

Marlins Apparel Items - We have team apparel and other items for sale, including caps, goggles, car magnets, Marlin towels, and Marlin temporary tattoos. **New T-shirts, sweatshirts, and sweatpants are here!** Please see a Board member for purchases and show your team SPIRIT!

Penny Drive Fundraiser – Keep the pennies and loose change coming.

Lost and Found – Please check the lost and found bin for any items your swimmer(s) may have misplaced. We are getting quite a collection of items.

Safety Reminders – Now that we are a little more than half-way through the season, there are a couple important safety reminders for swimmers and parents:

*Parents and other non-swimmers should remain off the pool deck and out of the water during practices and meets, unless serving in an official capacity.

*Swimmers should keep hands to themselves. Play "fighting", hitting, etc of other swimmers or non-swimmers is not acceptable behavior around the pool and pool areas.

*Please, no running on deck.

The Board and the Coaches do want all the swimmers and families to have fun, however these, and other pool rules, are meant to ensure everyone's safety during practices and meets.

Family Balances and Credits – There are many families that have outstanding balances for registration fees.

Please pay off these balances as soon as possible.

Also, there are some families that have a "credit" with the team. Now is the time to put that credit towards apparel purchases or we can transfer it to a Swim-A-Lap donation. Please see Jessica Wangner, Treasurer, if you need further information on any outstanding balances or credits for your family.



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