

# Grubmaster Help

## Troop Meeting Before Campout

### Take Home with You

- \_\_\_ menu planner sheet
- \_\_\_ recipe book
- \_\_\_ patrol food money
- \_\_\_ dry goods box and ice chest

*Number of Scouts in your patrol on this campout? \_\_\_\_*

## FOOD BUYING TIPS

- buy food Wednesday or Thursday -- don't wait until Friday!
- don't change the menu -- buy food according to the recipe book -- don't forget the condiments
- stay within budget -- the least expensive brand is usually fine -- use good judgement
- buy eggs in styrofoam containers -- the paper types fall apart when wet
- buy butter in sticks unless the recipe specifically says otherwise
- buy milk in plastic container -- paper version leaks after opening
- buy drinks in half gallon size (NO SOFT DRINKS or candy)
- no glass containers
- spices, foil paper, and cooking gear is provided
- always buy at least two rolls of paper towels
- is charcoal needed??? - buy Matchlight brand charcoal



*"I can't tell if its done, 'cause I can't see it!"*

## Buying Portions

Each recipe in the Recipe Book is more than enough food for 4-Scouts. Your patrol may have more or less than four Scouts on this campout so, buy more or less food accordingly.

## On the Day of the Campout

- only put the food that must stay cold in the ice chest, leave plenty of room for ice
- bag the food according to meal in the dry goods box and ice chest
- add at least one full bag of ice -- more during hot weather
- return extra food money and receipt to adult leader

## After the Campout

- clean dry goods box and ice chest -- clean both inside and out
- wash off all dirt and food particles with soap and water -- **DO NOT RETURN DIRTY !**
- leave non-perishables in dry goods box for next campout -- put open packages in ziploc bags
- leave Recipe Book in the dry goods box -- return boxes to next troop meeting

**Parents!** -- *This is a good time to teach your Scout food buying skills. Don't simply buy the food for him -- Teach him instead.*

5/2/05