



PHILADELPHIA AREA GROUP PSYCHOTHERAPY SOCIETY
13th ANNUAL HOLIDAY PROGRAM

WHAT KIND OF GROUP IS THIS, ANYWAY?
TALES FROM A LONG-TERM LEADERLESS GROUP
FOR MENTAL HEALTH PROFESSIONALS

Friday, December 7, 2007, 7:15 – 9:15 p.m.
410 Baird Road, Merion, PA

This program is free, and guests are welcome, but reservations are requested because space is limited.
Please contact Elsa Efran (215-242-4234, pagps@att.net) by December 3.

- 7:15 – 7:45 p.m. Networking time, with delicious hors d'oeuvres and desserts provided by the PAGPS Board! We'll have a table where you can display your business cards and other materials promoting your practice.
- 7:45 – 9:15 p.m. Presentation and discussion

ABOUT THE PROGRAM

Members of a unique group of professionals who have been meeting without a leader for more than twenty years will share their experiences. They will first introduce themselves, provide a short history of the group, and then show how they interact. During the course of the evening, there will be an examination of the challenges of being in a leaderless group and how this differs from being a participant in a therapist-led group. Topics likely to emerge include rules, roles, boundary issues, and the responsibilities each member must shoulder to keep the group alive. Problem-solving methods the group has evolved will be demonstrated; don't be surprised if, in the process, genuine group conflicts emerge before your eyes!

Jim Pedigo will serve as moderator for the evening. Other panel members are Sally Allen, Betty Fallon, and Gail Kase.

CE CREDITS

Attendance entitles psychologists to 1.5 CE credits. PAGPS is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. All attendees will also receive 1.5 recertification credits, useful for individuals listed in the National Registry of Certified Group Psychotherapists. (Because of the program length, social work credits are not available for this event.)

EDUCATIONAL OBJECTIVES

- Clarify the differences between a therapy group, a T-group, and a leaderless group.
- Discuss the advantages and disadvantages of a long-term group of professionals compared to traditional group or individual therapy.
- Learn how connecting to colleagues in a leaderless format can provide support, insight, and professional development.

Directions to 410 Baird Rd., Merion, PA (home of April Fallon)

From the Schuylkill Expressway, take Route 1 South. Pass St. Joseph's University and Episcopal Academy on the right. The numbered streets on the left will be going up. Pass 63rd St. on the left. At the next light, turn right onto E. Wynnewood Rd. (at the corner is a sign for St. Charles Seminary). If you get to Route 30 you have gone too far. On E. Wynnewood Rd., go to the first light and turn right onto Bowman Ave. Go past the first traffic light; the next street on the right is Baird Rd. Take a right onto Baird Rd. and go to the second white house on the right (410). The house is Country French style, white with dark teal shutters. Park on the right side of the street.

From Widener University, take Route 320 to Route 1 North. Travel on Route 1 North past Springfield, Pilgrim Gardens, past Route 3 and Route 30. At the next light past Route 30 (Lancaster Ave.), take a left onto E. Wynnewood Rd. (at the corner is a sign for St. Charles Seminary). If you get to Merion Rd., you have gone too far. From E. Wynnewood Rd., follow directions above.

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