



PHILADELPHIA AREA GROUP PSYCHOTHERAPY SOCIETY
14th ANNUAL HOLIDAY PROGRAM

The Perils of Rigid Adherence: A Look Back at a Group

Friday, December 5, 2008

7:15 - 9:15 p.m.

410 Baird Road, Merion, PA

This program is free, and guests are welcome, but reservations are requested because space is limited. Please contact Elsa Efran (215-242-4234, pagps@att.net) by December 3.

- 7:15–7:45 p.m. Networking time, with delicious hors d'oeuvres and desserts provided by the PAGPS Board! We'll have a table where you can display your business cards and other materials promoting your practice.
- 7:45–9:15 p.m. Presentation and discussion

ABOUT THE PROGRAM

In their zeal to do clinical work the “right” way, psychotherapists can get caught up in following the rules that they believe constitute good practice. The presenter will look back at the six years she ran a weekly psychotherapy group and examine ways in which adherence to the rules can have unexpected consequences. She will explore how to maintain a healthy balance between respect for the rules of practice and the needs of the group.

ABOUT THE PRESENTER

Meredith Barber, Psy.D., a past president of the Philadelphia Area Group Psychotherapy Society, has taught group psychotherapy to graduate students at Widener University and Immaculata University. When she is not busy reexamining her previous group therapy work, she maintains a private practice and raises her two children in Penn Valley, PA.

CE CREDITS

Attendance entitles psychologists to 1.5 CE credits. PAGPS is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. All attendees will also receive 1.5 recertification credits, useful for individuals listed in the National Registry of Certified Group Psychotherapists. (Because of the program length, social work credits are not available for this event.)

EDUCATIONAL OBJECTIVES

1. Explore basic theories of group therapy practice and consider viewing them as guidelines rather than rigid laws.
2. Understand how the therapist's countertransference can influence how she manages the group rules.
3. Learn how to listen to the group's needs while respecting the principles of good psychotherapy practice.

Directions to 410 Baird Rd., Merion, PA (home of April Fallon)

From the Schuylkill Expressway, take Route 1 South (City Line Ave.). Pass St. Joseph's University and Episcopal Academy on the right. The numbered streets on the left will be going up. Pass 63rd St. on the left. At the next light, turn right onto E. Wynnewood Rd. (at the corner is a sign for St. Charles Seminary). If you get to Route 30 you have gone too far. On E. Wynnewood Rd., go to the first light and turn right onto Bowman Ave. Go past the first traffic light; the next street on the right is Baird Rd. Take a right onto Baird Rd. and go to the second white house on the right (410). The house is Country French style, white with dark teal shutters. Park on the right side of the street.

From Widener University, take Route 320 to Route 1 North. Travel on Route 1 North past Springfield, Pilgrim Gardens, past Route 3 and Route 30. At the next light past Route 30 (Lancaster Ave.), take a left onto E. Wynnewood Rd. (at the corner is a sign for St. Charles Seminary). If you get to Merion Rd., you have gone too far. From E. Wynnewood Rd., follow directions above.

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