

Program Overview

YEAR ONE:

The post-graduate study of psychodynamic psychotherapy begins with the investigation of different psychoanalytic theories of the mind, ego psychology, object relationship theory, attachment theory, and self-psychology. The program explores crucial attitudes, concepts, and intervention of psychodynamic psychotherapy. The modification of these methods are explored in the psychodynamic treatment of narcissistic and borderline patients.

In addition, the class studies the capacity of a growing child to acquire the ability to know and care for others as well as the process of obtaining standards, ideals and a gender identity. Applications of therapy to the treatment of pathologic outcomes of development are studied as they apply to character, thought, sexual and addictive disturbances. Studying child development can help psychotherapists to become more effective. With individual case material as a basis of study, clinical seminars will help the therapist to learn how to best use one's self as an instrument for therapeutic change.

Instructors include faculty of the Pittsburgh Psychoanalytic Center as well as invited guest presenters.

ADVANCED YEAR:

The Advanced Program offers an in-depth study of several analysts and their techniques. Through this exploration, students will learn to deepen their work with their patients/clients thus reducing symptoms, increasing confidence, bettering self-definition, and developing more meaningful interpersonal relationships.

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401 Shady Avenue, Suite B-101
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James T. McLaughlin Training Program in Psychodynamic Psychotherapy

**Listen ... Understand ...
Interpret ...**

And explore the in-depth psychological approaches to the feelings and complexities of the mind. A course sponsored by



**Pittsburgh Psychoanalytic
Center**

412-661-4224

www.pghpsa.org

401 Shady Avenue, Suite B-101

Pittsburgh, PA 15206

YEAR ONE

Learning Objectives:

- To obtain a rich understanding of and appreciation for in-depth psychological approaches to the mind's feelings and complexities
- To study techniques of multiple psychodynamic and psychoanalytic theoretical and therapeutic points of view
- To emphasize empathy, listening, understanding, interpretation, achievement of a therapeutic stance, and engagement in the clinical situation
- To enhance the psychological-mindedness of the participants
- To demonstrate the practicality and the application of in-depth psychological and therapeutic work

Eligibility

This course is designed for participants who are trained and licensed in the fields of psychology, social work, counseling, psychiatric nursing, medicine, and psychiatry. Applicants may be of any age, gender, race, national origin, ethnicity, religion, and sexual orientation.

Schedule

Psychodynamic Psychotherapy Training is a one-year program of thirty sessions generally meeting every Thursday evening at the Pittsburgh Psychoanalytic Center.

Class Format

Sessions will include theoretical and clinical discussions. Each participant is expected to present case material from his/her practice. Typically, the class format includes a discussions of articles related to a specific topic, with clarification of the important concepts by the instructor. In the second hour, the concepts discussed will be related to clinical material presented by the students or faculty.

Costs

The fee for the course is \$1,800. There is a \$100 application fee which will be applied to tuition if the student is accepted in the course. The Bruce R. Baker Scholarship Fund is available for partial scholarships for the first year and the advanced year courses.

Application

Please visit the PPC website (www.pghpsa.org) to download an application. We invite you to join us in a collaborative educational experience, to share your insights about developmental concepts, clinical issues, and therapeutic techniques that you have found helpful, and to use this knowledge and body of information to refine and sharpen your therapeutic skills.

Continuing Education Credits

A maximum of 60 CE credits are available upon completion of the course for physicians, psychologists, and social workers/counselors.

This activity has been planned in co-sponsorship with the American Psychoanalytic Association, the American Psychological Association, and the University of Pittsburgh's School of Social work. Guidelines for the CE credits can be found on PPC's website: www.pghpsa.org.

ADVANCED YEAR

The Advanced Program is an in-depth study of the techniques of analysts to learn how approaches can help patients/clients make more significant progress in therapy (i.e., reduce symptoms, increase confidence, better self definition, and develop meaningful interpersonal relationships).

This course is designed for students who have successfully completed Year-One of the James T. McLaughlin Psychodynamic Psychotherapy Training Program or for experienced psychotherapists. The fee is \$600 for ten sessions which meet monthly on Tuesday nights from 7:00-9:00 p.m. starting in October.

Additional information can be found at www.pghpsa.org.