

Tarpon Times

News from Tanterra Swim & Dive Team

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Divisionals Prove Record Breaking for Tarpon Swimmers!

Sean Gallagher broke a 12 year Tarpon swim record last Saturday at Divisionals when he swam the Boys 15-18 100M Backstroke in 1.05:78! He is now in 1st place on the Tarpon Record Board. The previous record, held by Brett Vukmanic in 1996, was 1.05:83. Congratulations, Sean!

Kennedy Nolan earned a place on the Tarpon Record Board in two events at Divisionals. Kennedy is 2nd in the Girls 8&U 25M Freestyle, swimming it in 17.84. She is also 2nd on the board for Girls 8&U 25M Fly, swimming that event in 19.55. Congratulations, Kennedy!

!!!!!!!!!!!!!!!!!!!!!!**IMPORTANT**!!!!!!!!!!!!!!!!!!!!!!

Tarpon Survey Is Out

In order to make sure future Tarpon summer swim seasons are successful, we are looking for your responses to the annual survey. It doesn't take more than a few minutes and it is very important that we get your feedback as we start planning for 2010 (believe it or not!!) Thanks in advance for taking the time to respond!

Quote of the Week

"Promise yourself to be so strong that nothing can disturb your peace of mind. Look at the sunny side of everything and make your optimism come true. Think only of the best, work only for the best, and expect only the best. Forget the mistakes of the past and press on to the greater achievements of the future. Give so much time to the improvement of yourself that you have no time to criticize others. Live in the faith that the whole world is on your side so long as you are true to the best that is in you."

—Rev. John I. Jenkins, C.S.C.
President of the University of Notre Dame

COACHES CORNER

Greetings Tanterra Tarpons!!

It seems impossible that this is the final edition of the 2009 newsletter and therefore the end of the 2009 swim season! It really is true that time flies when you are having fun!

Tanterra is a special place filled with wonderfully caring and dedicated people. The spirit that both the swimmers AND parents have shown throughout the summer has been off the charts AWESOME and I am looking forward to seeing that continuing over the years. The 2009 season has been one that I will never forget.

Thank you to the MANY people who have done their part in making the Tanterra Swim and Dive team such an amazing group to be a part of. We could not function without the moms and dads who work tirelessly, day in and day out and always have the team's best interest in mind.

A very special thank you to our coaches: Stephanie, Michael and Erin. This is one of the best coaching staffs I have ever worked with. It has been a privilege and an honor to have worked with you and each of you has been a positive influence in the lives of the Tanterra swimmers. Your dedication to the team is second to none! I love you guys!!!

I am looking forward to seeing the Tanterra Tarpons continue on with this year's success in and out of the water. I encourage each swimmer to find a way to get in a pool over the winter months. We are going to be better, stronger and faster if each swimmer does their part over the next few months.

I wish each of you the best and I am looking forward to a wonderful 2010 season!

Best,
Karen Zarchin

Week 5 Dive Tanterra @ East Gate

The Tarpon Divers were definitely *Fishin' for a Win* as they went after the East Gate Gators on Sunday night. They defeated the Gators with a 46 to 44 win!

8&U Boys

- 1 Cameron Patterson TA 57.00
- 2 Michael Parker TA 56.40

9-10 Girls

- 3 Olivia Corcoran TA 63.75

9-10 Boys

- 1 Shane Corcoran TA 77.75
- 2 Charlie Siarkas TA 70.70

11-12 Girls

- 2 Caroline Graves TA 98.40

11-12 Boys

- 1 Robert McHale TA 124.05
- 2 Colin Kowalski TA 94.20
- 3 Sebastian Tosatto TA 88.00

13-14 Girls

- 2 Summer White TA 155.25
- 3 Courtney Santini TA 122.45

13-14 Boys

- 3 Aaron Katz TA 104.05

15-18 Girls

- 2 Jessie Godbout TA 156.10
- 3 Lauren Rueben TA 142.40

15-18 Boys

- 1 Dylan White TA 178.90
- 2 Michael Sprague TA 140.40

2010 Division Rankings

Tanterra Swimmers will be returning to Division G in 2010. We will be swimming against Tallyho, Lake Marion, Woodcliffe, Mohican, and Glenwood.

Tarpons Took on the Rock Creek Fins In Final 2009 Week 5 Dual Meet

While our Tarpon swimmers were not able to defeat the Rock Creek Fins overall, individually our team members saw many personal bests and All-Star performances. The final score was RC 452.5 to TA 339.5. Great job Tarpons!

All-Star performances include:

Cameron Patterson
8&U 25 Meter Back (New)

Kylie Sheapp
13 -14 50 Meter Free
13 - 14 100 Meter IM
13 - 14 50 Meter Back

Erin Stout
15 - 18 100 Meter IM
15 - 18 100 Meter Breast
15 - 18 50 Meter Butterfly

See pages 3-6 of this issue of the Tarpon Times for detailed Week 5A and 5B results, Divisional Results, and "Big Drop" highlights!



Pre-Team Mini-Meet A Success!

Congratulations to the Tarpon Pre-Team for successfully competing in the mini-meet last Monday. Despite threatening rain and lots of shivers, pre-teamers and parents alike cheered them on! Check out the photos on the Tarpon website.



2009 All Star Relays--Sean Gallagher, Michael Stephens, Erin Stout, Coach Karen, Morgan Page, Coach Stephanie, Heather Denman, Jasmine Jones-Olszewski, Kennedy Nolan and Kaitlyn Sheapp. Not pictured- Rikki Sargent and Kylie Sheapp.

AllStar Swim Competitions Held July 28-29 and August 1-2

Congratulations to the following Tarpons who competed in the Allstar Relay Carnival last weekend. Go Tarpons!

15-18 Mixed Free—4th Place

15-18 Mixed Medley—2nd Place

Sean Gallagher Erin Stout
Michael Stephens Heather Denman

Open Girls Medley—2nd Place

Heather Denman Erin Stout
Rikki Sargent Kaitlyn Sheapp

Girls Crescendo—7th Place

Morgan Page Jasmine Jones-Olszewski
Heather Denman Kylie Sheapp
Kennedy Nolan

The following Lady Tarpons swam at Individual Allstars on Sunday, August 2.

Kennedy Nolan

Girls 8&U 25M Free—5th Place
Girls 8&U 25M Fly—4th Place

Kylie Sheapp

Girls 13-14 50M Free—13th Place
Girls 13-14 100M IM—7th Place

Tarpon Divers competed at Allstars with the following results.

8&U Girls—Shelby Lee—11th Place
9-10 Boys—Shane Corcoran—4th Place
13-14 Girls—Summer White—1st Place
15-18 Boys—Brian Hack—12th Place

Congratulations Tarpon Division I Divers!

Our Tarpon Divers came in 4th in Division I diving for 2009. They missed 3rd place by just 1 point and will be seeded 3rd in 2010. The following divers competed at Divisionals last Sunday.

8&U Girls

Shelby Lee
Jessica Uhl

8&U Boys

Cameron Patterson
Michael Parker

9-10 Girls

Olivia Corcoran
Megan Wilson

9-10 Boys

Shane Corcoran
Charlie Siarkas

11-12 Girls

Jasmine Jones-Olszewski
Santhi Siarkas

11-12 Boys

Robert McHale
Colin Kowalski

13-14 Girls

Summer White
Courtney Santini

13-14 Boys

Michael Sprague
Aaron Katz

15-18 Girls

Megan McNeely
Jessie Godbout

15-18 Boys

Brian Hack

Week 5A Meet Highlights

Rock Creek (452.5)@ Tanterra (339.5)

Tanterra Swimmers took 1st, 1st & 2nd, or had a 123 Sweep in these events.

Boys 8&U 25M Free
1 Crow, Jamison

Boys 9-10 50M Free
1 Corcoran, Shane

Girls 09-10 50 Free
1 Page, Morgan

Boys 13-14 50M Free
1 Gallagher, Devin

Girls 13-14 50 Free
1 Sheapp, Kylie
2 Sheapp, Kaitlyn

Boys 15-18 100M Free
1 Stephens, Michael

Girls 13-14 100 IM
1 Sheapp, Kylie
2 Sheapp, Kaitlyn

Boys 8&U 25M Back
1 Patterson, Cameron
2 Crow, Jamison
3 Tasto, Ryan

Girls 15-18 100 Back
1 Stout, Erin

Girls 13-14 50 Back
1 Sheapp, Kylie
2 Sheapp, Kaitlyn

Girls 15-18 100 IM
1 Stout, Erin

Girls 9-10 25 Breast
1 Corcoran, Olivia

Boys 15-18 100M Breast
1 Stephens, Michael

Girls 15-18 100 Breast
1 Stout, Erin

Boys 8&U 25 Fly
1 Crow, Jamison
2 Siarkas, George
3 Page, Matt

Boys 9-10 25 Fly
1 Braker, Eric
2 Corcoran, Shane

Girls 9-10 25M Fly
1 Page, Morgan

Girls 13-14 50 Fly
1 Sheapp, Kylie
2 Kotsiras, Eleni

Girls 15-18 50 Fly
1 Stout, Erin

Week 5B Meet Highlights

Tanterra v Wheaton Woods (unscored meet)

Tanterra Swimmers took 1st, 1st & 2nd, or had Sweeps in these events.

Boys 08&U 25 Free
1 Reigel, Aidan
2 Zarchin, Brooks
3 Niepold, Lucas
4 Patterson, Seth

Boys 9-10 50M Free
1 Lee, Brandon
2 Siarkas, Charlie
3 Abramowitz, Cayden
4 Carlson, Chad
5 McHale, Louis

Girls 09-10 50 Free
1 Wilson, Megan
2 Paidas, Lexi
3 Cassidy, Kendall
4 Bartley, Ashlee
5 Bowman, Isabella

Boys 13-14 50 Free
1 Scafide, Daniel

Girls 13-14 50M Free
1 Kowalski, Micaela
2 Santini, Julie
3 Santini, Courtney

Boys 11-12 50M Free
1 Black, Keegan
2 Kirshbaum, Sam

Girls 11-12 50M Free
1 Overbay, Cailan
2 Mann, Sabrina

Boys 15-18 100M Free
1 Mattingly, Tyler
2 Witczak, Christopher

Girls 15-18 100 Free
1 Witczak, Devon

Boys 13-14 100 IM
1 Scafide, Daniel

Girls 13-14 100M IM
1 Tosatto, Gillian
2 Santini, Julie
3 Kowalski, Micaela

Boys 08&U 25 Back
1 Gun, Jessie
2 Page, Matt
3 Zarchin, Brooks
4 Riegle, Aidan

Girls 8&U Back
1 Formichelli, Hayley

Boys 9-10 25M Back
1 McHale, Joseph
2 Siarkas, Charlie
3 Lee, Brandon
4 O'Loughlin, Brian

Girls 9-10 25M Back
1 Varron, Bella
2 wilson, Megan
3 Bowman, Isabella
4 Bartly, Ashlee

Boys 15-18 100 Back
1 Mattingly, Tyler
2 McMahon, Charlie

Girls 15-18 100 Back
1 Patterson, Emma
2 Witczak, Devon

Boys 11-12 50 Back
1 Kirschbaum, Sam
2 Paholski, Jake

Girls 11-12 50M Back
1 Mann, Sabrina
2 Tosatto, Rosa
3 Overbay, Cailan

Boys 13-14 50M Back
1 Scafide, Daniel

Girls 13-14 50M Back
1 Kowalski, Micaela
2 Santini, Courtney
3 Matthews, Natalie
4 Tosatto, Gillian

Boys 15-18 100 IM
1 Bricker, Bryan
2 Mattingly, Tyler
3 Witczak, Christopher

Girls 15-18 100 IM
1 Patterson, Emma
2 Witczak, Devon

Boys 8&U 25M Breast
1 Page, Matt
2 Riegle, Aidan
3 Zarchin, Brooks
4 Gun, Jesse

Girls 08&U 25 Breast
1 Welch, Courtney

Boys 09-10 25 Breast
1 Abramowitz, Cayden
2 McHale, Louis
3 Gorman, Devin

Girls 09-10 25 Breast
1 Bowman, Isabella
2 Werden, Megan
3 Varron, Bella
4 Abramowitz, Sydney

Boys 11-12 50M Breast
1 Niepold, Aiden
2 Kirschbaum, Sam

Girls 11-12 50 Breast
1 Tosatto, Rosa
2 Mann, Sabrina
3 Overbay, Cailan

Girls 13-14 50M Breast
1 Tosatto, Gillian

Boys 15-18 100M Breast
1 Bricker, Bryan
2 Witczak, Christopher
3 Mattingly, Tyler

Girls 15-18 100 Breast
1 Patterson, Emma

Boys 08&U 25 Fly
1 Reigle, Aidan
2 Gun, Jesse

Girls 08&U 25 Fly
1 Welch, Courtney
2 Formichelli, Hayley
3 Lee, Shelby
4 Furhman, Alexis

Boys 9-10 25M Fly
1 McHale, Joseph
2 O'Loughlin, Brian

Girls 09-10 25 Fly
1 Varron, Bella
2 Wilson, Megan

Boys 11-12 50 Fly
1 Black, Keegan
2 Paholski, Jake

Boys 13-14 50M Fly
1 Scafide, Daniel

Girls 13-14 50 Fly
1 Santini, Julie
2 Tosatto, Gillian
3 Santini, Courtney

Boys 15-18 50M Fly
1 Bricker, Bryan
2 Witczak, Christopher

Girls 15-18 50 Fly
1 Witczak, Devon

Division G Swim Meet Highlights

1. Rock Creek (855.5)
2. **Tanterra (820)**
3. Northwest Branch (818)
4. Garrett Park (731)
5. Mohican (710.5)
6. Rockshire Sharks (681)

Tanterra Swimmers took any of 1st through 6th places in these events.

Girls 200M Relay 1 Denman, Heather; Stout, Erin Sargent, Rikki; Sheapp, Kaitlyn	Girls 8&U Back 1 Nolan, Kennedy (ALL*)	Boys 15-18 100M Breast 4 Stephens, Michael (ALL*)
Boys 8&U 25M Free 4 Crow, Jamison	Girls 9-10 25M Back 3 Page, Morgan	Girls 15-18 100 Breast 1 Stout, Erin (ALL*) 3 Sargent, Rikki (ALL*)
Girls 8&U 25M Free 1 Nolan, Kennedy (ALL*)	Boys 15-18 100M Back 3 Gallagher, Sean (ALL*)	Boys 8&U 25 Fly 6 Siarkas, George
Girls 09-10 50 Free 3 Page, Morgan 5 Corcoran, Olivia	Girls 15-18 100 Back 1 Denman, Heather (ALL*) 2 Stout, Erin (ALL*)	Girls 8&U 25M Fly 1 Nolan, Kennedy (ALL*)
Boys 13-14 50M Free 4 Gallagher, Devin 6 Braker, Andrew	Boys 11-12 50M Back 6 McHale, Robert	Boys 9-10 25 Fly 6 Corcoran, Shane
Girls 13-14 50 Free 2 Sheapp, Kylie (ALL*) 3 Sheapp, Kaitlyn (ALL*)	Boys 13-14 50M Back 4 Braker, Andrew 5 Gallagher, Devin	Girls 9-10 25M Fly 3 Page, Morgan
Girls 11-12 50M Free 5 Stockinger, Nicole	Girls 13-14 50 Back 1 Sheapp, Kylie (ALL*) 2 Sheapp, Kaitlyn	Girls 11-12 50M fly 6 Stockinger, Nicole
Boys 15-18 100M Free 4 Gallagher, Sean (ALL*)	Boys 15-18 100M IM 6 Gallagher, Sean	Girls 13-14 50 Fly 2 Sheapp, Kylie (ALL*) 3 Kotsiras, Eleni (ALL*)
Girls 15-18 100M Free 2 Denman, Heather (ALL*) 4 Sargent, Rikki	Girls 15-18 100 IM 1 Stout, Erin (ALL*) 3 Sargent, Rikki	Boys 15-18 50M Fly 5 Stephens, Michael (ALL*)
Boys 13-14 100M IM 5 Braker, Andrew 6 Gallagher, Devin	Girls 9-10 25 Breast 2 Corcoran, Olivia 4 Johnson, Isabella	Girls 15-18 50 Fly 1 Denman, Heather (ALL*) 3 Stout, Erin (*ALL*)
Girls 13-14 100 IM 1 Sheapp, Kylie (ALL*) 2 Sheapp, Kaitlyn	Girls 11-12 50M Breast 6 Stockinger, Nicole	Girls 175M Free Grad Relay 1 Page, Morgan; Stockinger, Nicole Sheapp, Kylie; Nolan, Kennedy
Boys 8&U 25M Back 6 Patterson, Cameron	Boys 13-14 50M Breast 5 Braker, Andrew	
	Girls 13-14 50M Breast 4 Sheapp, Kaitlyn	

Swim & Dive

Week 5 Big Drops!

Sydney Abramowitz Girls 9-10 25M Breast	-3.16	Sam Kirschbaum Boys 11-12 50M Back	-2.38	Julie Santini Girls 13-14 50M Fly	-4.66
		Boys 11-12 50M Breast	-7.49		
Bartley, Ashlee Girls 9-10 50M free	-2.69	Eleni Kotsiras Girls 13-14 100M IM	-2.55	Lauren Seney Girls 8&U 25M Fly	-3.38
		Girls 13-15 50M Back	-3.78		
Keegan Black Boys 11-12 100M IM	-3.48	Chloe Kowalski Girls 9-10 25M Breast	-4.28	George Siarkas Boys 8&U 25M Fly	-3.48
Jaycie Boyle Girls 8&U 25M Back	-2.72	Sabrina Mann Girls 11-12 50M Breast	-2.83	Santhi Siarkas Girls 11-12 50M Back	-3.03
Girls 8&U 25M Breast	-18.08	Molly McHale Girls 8&U 25M Breast	-3.35	Daniel Scafide Boys 13-14 100M IM	-11.28
Lucy Butterfield Girls 8&U 25M Back	-2.44	Aiden Niepold Boys 11-12 50M Free	-2.06	Rosa Tosatto Girls 11-12 50 M Back	-3.55
Jamison Crow Boys 8&U 25M Fly	-2.25	Boys 11-12 50M Breast	-5.80	Courtney Welch Girls 8&U 25 M Fly	-2.56
Haley Formichelli Girls 8&U 25 M Fly	-4.22	Julia O'Laughlin Girls 11-12 50M Breast	-2.17	Wilson, Megan Girls 9-10 50M Free	-2.18
Alexis Furman Girls 8&U 25M Fly	-3.69	Matt Page Boys 8&U 25M Breast	-2.28		
Devin Gorman Boys 9-10 50M Free	-4.47	Seth Patterson Boys 8&U 25M Back	-7.07		
Boys 9-10 25M Breast	-3.19	Mary Price Girls 9-10 25M Fly	-2.46		
Jesse Gun Boys 8&U 25M Fly	-7.03	Aiden Riegel Boys 6&U 25M Breast	-4.26		
Jasmine Jones Olszewski Girls 11-12 50M Fly	-2.48				

Swim & Dive

Joke of the Week

Q: Why kind of exercises are best for a swimmer or diver?

A: **Pool-ups!**