

Line Dance 1: - BEACH BOOGIE

to 'My Maria' , 'Smooth', any medium speed 4 count

1. Right heel, Return, Right heel, Return
2. Heel Splits, Return, Heel Splits, Return
3. Left heel, Return, Left heel, Return
4. Diagonal Right, drag left together,
Diagonal Right, drag left together
5. Diagonal Left, drag right together,
Diagonal Left, drag right together
6. Diagonal Back Right, drag left together,
Diagonal Back Left, drag right together
7. Diagonal Back Right, drag left together,
Diagonal Back Left, drag right together
8. Six Count Right Grapevine - Right, Left Cross Behind,
Right, Cross Left in Front, Right, Brush Left
9. Six Count Left Grapevine - Left, Right Cross Behind,
Left, Right Cross in Front, Left, Stomp Right
10. Kick Ball Change, Right Step, Pivot 90 degrees Left
12. Kick Ball Change, Kick Ball Change

Repeat - (dance faces all four walls)

Line Dance 2: - 'TRASHY WOMEN'

to 'Trashy Women' - or any fast 4 count dance

1. Right Fan, Right Fan
2. Right heel, Right heel, Right Toe, Right Toe
3. Right heel, Return, Left stomp, Left stomp
4. Left heel, Return, Right stomp, Right stomp
5. Right Grapevine (right, left behind, right, left together)
6. Left Grapevine (ending with 180 degree turn left)
7. Right Grapevine
8. Left Grapevine (ending with stomp)

Repeat - (two wall line dance)

Line Dance 3: - SKI BUMPUS

- to 'Boot Scootin' Boogie' - or medium speed 4 count

- Right Toe Touch, Return, Left Toe Touch, Return
(embelished by snapping fingers when touch)
- Right Toe Touch, Return, Left Toe Touch, Return
- Kick Ball Change, Kick Ball Change, Right Step, Pivot (180)
- Kick Ball Change, Kick Ball Change, Right Step, Pivot (180)
- Right Shuffle, Left Shuffle, Right Step, Pivot (180)
- Right Shuffle, Left Shuffle, Right Step, Pivot (180)
- Jazz Box (right cross, left back, right side, together)
- Jazz Box (right cross, left back, right side, together)

Repeat - (two wall line dance)

CRUISIN' (slow Cha-Cha)

- 1-2 Left cross right (at 45 degrees), Right Rock Back
 - 3&4 Cha-Cha-Cha (Left, Right, Left) back to start
 - 5-6 - Right cross left (at 45 degrees), Left Rock Back
 - 7&8 Cha-Cha-Cha (Right, Left, Right) back to start
 - 9-10 - Left Step Forward, Right Rock Back
 - 11&12 Cha-Cha-Cha (Left, Right, Left) back to start
 - 13-14 Right Step Backward, Left Rock Forward
 - 15&16 Cha-Cha-Cha (Right, Left, Right) back to start
 - 17-18 Left step forward, pivot 1/2 turn right (clockwise)
& change weight,
 - 19-20 Left step forward, pivot 1/2 turn right (clockwise)
& change weight,
 - 21-22 Left step left, Right cross behind,
 - 23-24 Left step with 1/4 turn left, Right step forward
 - 25-26 Pivot 1/2 turn left (CCW) & change weight,
Right step with 1/4 turn left (CCW)
(note: you are now back facing forward)
 - 27-28 Left cross behind right, Right step right
with 1/4 right turn (clockwise)
 - 29-30 Left step Forward,
Pivot 1/2 turn right (clockwise, with weight change)
 - 31-32 Left step Forward with 1/4 turn right (CW),
Right step together
- Now you are back at starting position - **Repeat** -

DOWN N' DIRTY - 'STROKIN'

done to "Strokin' " or "Love Shack"

1. Right Step, Slide Left with Hip Movements
2. Left Step, Slide Right with Hip Movements
3. Left Step, Slide Right with Hip Movements
4. Right Forward, Left raise, Right Back, Left raise
5. Right Step, Pivot, Right Step, Pivot
6. Right Step, 1/4 Turn Left, Right STOMP, Clap

BOOTY CALL

- 1-4. Right grapevine - Side Step Right, Left together,
Side Step Right, Left together
- 5-8. Left grapevine - Side Step Left, Right together,
Side Step Left, Right together
- 9-12. Back Right, Back Left, Back Right, Touch Left
- 13-16. Jump forward with weight on both feet,
then Hip bumps (left, right, left)
- 17-20. Step right once, then bump hip right three times
- 21-24. Step left once, then hip bump left three times
- 25-28. Jazz box - cross right over left, left step back,
, right step side, left step together
- 29-32. Jazz box - cross right over left, left back, right side,
left step together pointing foot 1/4 turn to left

Repeat - starting vine completing your 1/4 left turn

WALTZ LINE DANCE

(6 count, one wall dance - Long, short, short)

- (1) - Left cross right (Stepping at 45 degree angle),
(2,3) - Right Step Right, Left slightly together
(4-6) - Right cross left, Left step Left, Right together
(1,2,3) - Full Left Forward, Short Right Fwd, Short Left Fwd
(4,5,6) - Full Right Forward, Short Left Fwd, Short Right Fwd
(1,2,3) - Full Left Back, Short Right Back, Short Left Back
(4,5,6) - Full Right Back, Short Left Back, Short Right Back
(1,2,3) - Step Left with foot pointed 1/4 Turn Left,
Right step with 1/2 turn left, continue left turn with left step
(4,5,6) - Finish with Left Grapevine,
Right Cross in front of Left, Left Step, Right cross Behind Left
(7,8,9) - Left Step Left, Shift weight to Right, then weight to Left
(1,2,3) - Step Right with foot pointed 1/4 Turn Right,
Left step with 1/2 turn right, continue right turn with right step
(4,5,6) - Finish with Right Grapevine,
Left cross in front of Right, Right Step, Left cross behind Right
(7,8,9) - Right Step Right, shift weight Left, then weight to Right
(1,2,3) - Step Left forward with foot pointed 1/4 Turn Left,
Do a 180 degree Left Turn with next step right, step back left
(4,5,6) - Full Right Back, short left back, short right back
(1,2,3) - Step Left with foot pointed 1/4 Turn Left,
Do a 180 degree Left Turn with next step right, step back left
(4,5,6) - Full Right Back, short left back, short right back

-- REPEAT --

EARTHQUAKE (PWP 1080 version)

Shania Twain (Any man of mine)

30 count dance, in counts of 3

- 1-3 Touch Right toe to side twice, Then Step Forward
4-6 Touch Left toe to side twice, Then Step Forward
7-9 Touch Right toe to side twice, Then Step Forward
10-12 Touch Left toe to side twice, Then Step Forward
13-15 Right Step back on 1 count,
Left drag together on 2nd & 3rd count
16-18 Step in Place (Right, Left, Right)
19-21 Two diagonal shuffles Left (L,R,L),
22-24 Two diagonal shuffles Right (R,L,R)
25-27 One diagonal shuffle Left, Then Two Right kicks
Rock Back on the Right foot and hold for second count
28-30 Step forward left, pointing foot 45 degrees left
slight pause, then finish the 1/4 turn with right toe touch
(right toe is start of the dance sequence - repeat sequence)

MAMBO SHUFFLE - (40-count, 4-wall Line Dance)

'Mambo #5' or 'Father Sun'

Rock Forward & Back, then left & right

- 1&2 Left Forward, Shift Weight to Right, Left together
3&4 Right Back, Shift Weight to Left, Right together
5&6 Left Forward, Shift Weight to Right, Left together
7&8 Right Back, Shift Weight to Left, Right together
9&10 Left side step, Shift Weight to Right, Left together
11&12 Right side step, Shift Weight to Left, Right together
13&14 Left side step, Shift Weight to Right, Left together
15&16 Right side step, Shift Weight to Left, Right together

Step/Pivot Cha-Cha

- 17,18 Left Forward, Pivot 1/2 turn right
19&20 Cha Cha forward (Left, Right, Left)
21,22 Right Forward, Pivot 1/2 turn left
23&24 Cha Cha forward (Right, Left, Right)

Diagonal Left & Right slides

- 25&, - Left diagonal forward, slide right behind left heel,
26&, 27& - repeat previous, for three left slides
28& - Fourth Left diagonal forward, then slight pause
29&, - Right diagonal forward, Left behind right heel,
30&, 31& - repeat previous, for three right slides
32& - Fourth Right diagonal forward, then slight pause

Jazz boxes - steps 33-36 and 37-40

- Left cross Right, Right back, Left Step, Right together
(make slight right turn during first step to finish 1/4 turn)
Step Left across Right, Right back, Left Step, Right together

-- REPEAT --

SIXTEEN STEP (medium to fast 4 count)

(done along line of dance, singles or couples)

- 1-4 Right Heel, Return, Right Heel, Return
(or Rebel Strut pattern =
= right toe kick, cross left, right toe kick, return)
5-8 Left Heel, Return, Right Toe Way Back, Return
9-12 Left Heel, Return, Right Stomp, Right Stomp
13-16 Right Step, Pivot, Right Step, Pivot
Ends with Four Shuffles -
(right-left-right, left-right-left, right-left-right, left-right-left)

-- REPEAT --

ELECTRIC SLIDE

- Side Step Right, Left together, Side Step Right,
Left together (end w/ clap)
Side Step Left, Right together, Side Step Left,
Right together (end w/ clap)
Back Right, Back Left, Back Right, Touch Left
Rock Forward on Left, Hold, Rock Back Right, Hold
Left Step (turn foot 1/4 turn left), Skip Right to finish turn
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WATERMELON CRAWL - (40-count, 4-wall Line Dance)

to Watermelon Crawl - Tracy Byrd

Touch Right toe to Left Toe, Touch Right Heel to Left Toe
 (3&,4) Shuffle in place (Right, Left, Right)

Touch Left toe to Right Toe, Touch Left Heel to Right Toe
 (7&,8) Shuffle in place (Left, Right, Left)

Right Forward, Left Kick Forward, Left Back, Right Toe Back
 Right Forward, Left Kick Forward, Left Back, Right Toe Back
 Right Vine, end with skip
 (Right, Left behind Right, Right, Left Skip)

Left Vine with 1/4 left turn
 (Left, R behind L, L w/ 1/4 turn, stop Right)

Right diagonal forward, Left Slide together for 2 counts, Clap
 Left diagonal back, Right Slide together for 2 counts, Clap
 ('Pee-Pee' Dance, steps 33-36, start with feet flat)

33 - Cross Left knee over right knee by lifting Left Heel
 34 - Cross Right knee over Left Knee by lifting Right Heel
 35, 36 - Repeat steps 33 & 34
 37,38 Right Forward, Pivot 1/2 turn left,
 39,40 Right Forward, Pivot 1/2 turn left
-- REPEAT --

REGGAE COWBOY - (48-count, 4-wall Line Dance)

Reggae Cowboy' & 'Tell Me Why' - Bellamy Brothers

1-4. Step Right, Hitch Left w/ CLAP,
 Step Left, Hitch Right & CLAP

5-8. Step Right, Hitch Left w/ CLAP,
 Step Left, Hitch Right & CLAP

9-12. 3 Steps Back (Right, Left, Right), Hitch Left & CLAP
 13-16. 3 Steps Back (Left, Right, Left), Hitch Right & CLAP
 17-20. Right Grapevine (R, L, R), end with Left Scuff
 21-24. Left Grapevine (L, R, L), end with right Scuff
 25-28. Right Grapevine (R, L, R), end with Left Scuff
 29-32. Left Grapevine (L, R, L), end with right Scuff

Make Baseball Diamond with Shuffles

33-36. 2 Shuffles Forward turned to 1st base
 (Shuffle Right, Left, Right – Left, Right, Left)

37-40. 2 Shuffles Backwards turned to 2nd base
 (Shuffle Right, Left, Right – Left, Right, Left)

41-44. 2 Shuffles Forwards to 3rd base
 (Shuffle Right, Left, Right – Left, Right, Left)

45-48 2 Shuffles Backwards toward Pitcher's Mound
 (Shuffle Right, Left, Right – Left, Right, Left)

-- REPEAT --

TUSH PUSH (40 count, FAST Line Dance)

40 count, to 'She Bangs' - by Ricky Martin (medium)

** Born To Boogie - Hank Williams Jr. ** (fast_

1-4 - Right Heel, Cross Right heel over left leg,
 Right heel, Right Heel

5-8 - Left Heel, Cross Left heel over Right leg,
 Left heel, Left Heel

9-12 - Right Heel, Left Heel, Right Heel, Clap Hands
 13-16 - HIPS - Forward for 2 Count, Backward for 2 Count
 17-20 - HIPS - Forward, Backward, Forward, Backward
 21-24 - Right Forward Cha Cha, Left Step Forward,
 Rock Back on Right

25-28 - Left Back Cha Cha, Right Step Back,
 Rock Forward on Left

29-32 - Right Forward Cha Cha,
 Left Step Forward, Pivot 180 Right (CW)

33-36 - Left Forward Cha Cha,
 Right Step Forward, Pivot 180 Left (CCW)

37-40 - Right Step, 1/4 Left Pivot, Right STOMP, Clap

BARN DANCE - (MIXER)

Dance begins with couple facing each other & holding hands.
Woman is on the outside of the Line of Dance, man on inside.
All Moves are Standard 4 Count - 1,2,3,4

1. Left Step, Together, Left Step, Together
 2. Right Step, Together, Right Step, Together
 3. Raise Left Hand and Spin Lady Clockwise while repeating Step 1.
 4. Spin Lady CounterClockwise Back to Original Position
(while repeating Step 2)
 5. Left Step while turning to face Line of Dance, Hitch Right,
Right Step, Touch Boots Together (in front of couple)
 6. Left Step, Hitch Right,
Right Step, Touch Boots Together (behind couple)
 7. Separate, walking away from each other (left, right, left, right),
(end with Clap)
 8. Come Back Together (left, right, left, right) ,
with Man advancing to next lady
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EL PASO

Dance Begins with Four Shuffles, Start with Right Shuffle
(Right Shuffle, Left Shuffle, Right Shuffle, Left Shuffle)
Right Heel, Return Touch, Cha Cha Cha (Right-Left-Right)
Left Step, Rock Back, Cha Cha Cha (Left-Right-Left)
Present the Lady, Return, Cha Cha Cha (Right-Left-Right)
(Present Lady = Right Step Back with 1/4 Right Turn)
Step Left, Pivot, Cha Cha Cha (Left-Right-Left)
Step Right, Turn 1/4 Turn Left, Sway Hips for Cha Cha Cha
Begin Again with Shuffles, Turning Back to Line of Dance

EL PASO VARIATION

1. After two step, Push lady into an outside turn with
your elbow while you do the back step.
 2. Spin Lady back around front (versus presenting lady)
 3. Spin independantly to hold position (versus pivot step)
- On pivot drop left hand to waist, then drop right hand to waist on hold,
Then hold for the normal Right, left, right, left with hands on waist
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CHARLESTON BUMP - 'Lady Marmalade'

Face line-of-dance. Man inside, woman outside, hold hands.

Hip Bumps & Pivots (Steps 1-10)

Bump hips together twice, Bump hips to outside twice
Bump hips together once, Bump outside once
Drop hands and Step forward with inside foot,
then pivot 1/2 turn (men CCW, ladies CW)
Step forward again with the same foot,
then pivot 1/2 turn again (men CCW, ladies CW)

3 Sets of Shuffles, then grapevine down line of dance

Shuffle forward starting with inside foot (Men RLR, Lady LRL)
Shuffle forward with outside foot (Men LRL, Lady RLR)
Shuffle forward with inside foot (Men RLR, Lady LRL)
Step with outside foot, turn towards partner (& pick up 2nd hand)
Men right cross behind left -while- Ladies left cross right
Turn 1/4 turn back while stepping along Line of Dance
(Men will step left, and Ladies will step right)
End with inside Stomp (Men stomp right, Ladies stomp left)

Back 3 steps, stomp, touch & stomp (steps 21-28)

Men – Right, Left, Right, stomp Left
Ladies – Left, Right, Left, stomp Right
Touch heels in front, stomp, touch heels behind, stomp
(Keep weight on inside leg, touch/stomps done with outside leg)

- Repeat -

SWAY

The SWAY is a couples dance, consisting of two 8 counts.
Couples begin facing outside the line of dance.

- 1-4 Left Side, Touch, Right Side, Touch
5-8 Left Side, Touch, Right Side with 1/4 Right Turn,
End with Left Kick
- NOTE: Dance travels clockwise around Line of Dance
for remaining 8 steps.
- 1-4 Back Left, Back Right, Back Left with 1/2 Left Turn,
Right Step with 1/4 Left Turn
(Couples are now facing Inside Line of Dance)
- 5 - Dip while Crossing Left behind Right
6,7 - Right Step with 1/4 Right Turn,
Left Step with 1/4 Right Turn
(Couples now back facing Inside Line of Dance)
- 8 - Right Cross behind Left to end, ready to Start Again

NOTE:

On final 6,7,8 count the lady does an clockwise 1 1/4 Turn
