

Highlights

- Train For RAIN
- Visitor Week revisited

Morning Cycle Daily

Daily update for Terre Haute Cycling Enthusiasts • June 18, 2004



Wake up and Ride Safely!

Morning Ride Series:

First Annual Visitor Week Is A Success!

This morning's ride was the last ride during Visitor Week. The week was a great success except for the fact we had more visitors than team members. What's that about?

On Tuesday, Patrick invited two outstanding riders, Troy Charters and Paul Asay. Patrick who is an excellent host waited for Troy when he was a little late. Patrick may have thought that was a bad idea when the three of them decided to catch up to the group. The group that morning consisted of only Tom and Scott. Normally, catching up might not have been that bad but both Tom and Scott had fresh legs so they had a so-called "easy day" of it and pushed the pace a little. They were amazingly caught at the Springhill Road red light on 7th Street. Troy explained that they had fun trying to catch up. Patrick wasn't able to say anything for a least a couple more miles. The ride finished well and was

most likely the fastest finishing sprint the group has ever done. Thanks guys.

Tom explained his views of the ride earlier this week in an email that won't be sited here. Apparently his fears of fact manipulation are greater than his fears of going over 30 mph down Allendale Hill. It should be noted that a suspicious nature is known to be normal for lawyers.

On Wednesday it rained. Surprisingly, team members that have not been showing up for the group rides lately were the first ones quick to respond that they were ready and willing to go except for the rain. Now even writers are getting suspicious.

A special makeup ride was arranged for Wednesday afternoon with Dave, Tom, Steve and Scott in attendance. It was a great ride but lacked the certain push we get when Craig and Patrick are there. The humidity was at such a high level that

riding in the rain might have been preferred. The rest of the team did their best to push the pace a bit with Steve taking the long push from Cory and Dave the Hills of Staunton. Good work guys.

On Thursday the group (again consisting of only Tom and Scott) was joined by runner extraordinaire Tom Dever. Tom invited Mr. Dever to join us because he really likes his name... and Tom's. Tom D had no trouble keeping up with the group at all. The group would have been upset with Tom D's rookie ability but they have been conditioned by Craig's habit of showing up a couple times a year to push the sprint pace. Tom D did the same and surprisingly showed the same lack of ability to use hand brakes as Craig. There might have to be a special section in the RAIN Guide for runners. Scott was quick to thank Tom N for inviting Tom.

The last day of Visitor Week was special. Unlike Tom who invited someone and rode the day his invitee showed up, Steve took a different approach. Steve invites a strong local rider Tom (there's that name again) Standers and then skips the morning ride! Motive, not clear but begs the question, "what are friends for"? There should be rule!

The ride went well considering the fog was heavy and the speed gained another

notch in the record books. With the traffic lights cooperating, records were ready to fall when Scott hit a hole and flatted. Luckily it was in front of a bar and Tom N's nerves were quickly put at ease. With the flat quickly repaired, the three completed the ride close to the normal completion time. A lot of sweat but a great ride!

Yes, this has been another successful Visitor Week for the OMC. Current team

members are reminded that their status could be changed to "Visitor" if they don't attend more early morning meetings. If that happens, make sure who ever invites you back shows up with you for the ride. There might be a rule by then.

See you next time.

RAIN Guide:

Technical (special runner's contribution):

Hand Brake: Located on the handlebars of the bike and are used to stop the bike when sliding your foot along the ground is not effective. Benefits other than preventing the obvious wear and tear on your shoes, brakes will help you stop before an intersection rather than in the middle of it.

The writing staff is still looking for contributions to the RAIN Guide. Contributions should fit in a category such as Definitions, Riding Etiquette, Tech Talk, Jokes, Nature, Sayings etc. You can email any contributions to the editor.

Next Ride:

Call ahead for availability.

July 10th: RAIN – signup now!